

Menu Info					
Name : January 2022 K-8 Bagged Breakfast					
Age Group : K-8		Meal : Breakfast		Meal Pattern : NSLP / SSO	
Monday, January 3, 2022		Tuesday, January 4, 2022		Wednesday, January 5, 2022	
Thursday, January 6, 2022		Friday, January 7, 2022			
Breakfast	Handmade Strawberry Boli (2 items)	Big Bowl Blueberry Rice Chex (2 items)	Mini Cinnis (2 items)	Apple Soft Filled Oatmeal Cereal Bar (2 items)	Assorted Cereal Bowl (1 item)
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	tOATly Oat Cup (1 item) 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)
<i>Three items meet USDA Requirements (One item must be fruit)</i>					
<i>Chef's Choice May be Offered Daily</i>					
Monday, January 10, 2022		Tuesday, January 11, 2022		Wednesday, January 12, 2022	
Thursday, January 13, 2022		Friday, January 14, 2022			
Breakfast	Big Bowl Cocoa Puffs (2 items)	Apple Filled Donut (2 items)	Chocolate Chocolate Chip Muffin (2 items)	WG Glazed Honey Bun (2 items)	Big Bowl Cinnamon Toast Crunch (2 items)
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)
<i>Three items meet USDA Requirements (One item must be fruit)</i>					
<i>Chef's Choice May be Offered Daily</i>					
Monday, January 17, 2022		Tuesday, January 18, 2022		Wednesday, January 19, 2022	
Thursday, January 20, 2022		Friday, January 21, 2022			
Breakfast	No School -- MLK Day	Big Bowl Cocoa Puffs (2 items)	Mini Cinnis (2 items)	Big Bowl Blueberry Rice Chex (2 items)	3.0 oz Breakfast Brekkie (2 items)
		100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)
<i>Three items meet USDA Requirements (One item must be fruit)</i>					
<i>Chef's Choice May be Offered Daily</i>					
Monday, January 24, 2022		Tuesday, January 25, 2022		Wednesday, January 26, 2022	
Thursday, January 27, 2022		Friday, January 28, 2022			
Breakfast	Big Bowl Cinnamon Toast Crunch (2 items)	Handmade Strawberry Boli (2 items)	Large Breakfast Bread (2 items)	Chewy Chocolate Chip Oatmeal Bar (2 items)	Big Bowl Blueberry Rice Chex (2 items)
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)
<i>Three items meet USDA Requirements (One item must be fruit)</i>					
<i>Chef's Choice May be Offered Daily</i>					
Monday, January 31, 2022					
Breakfast	Orange Dream Muffin (2 items)				
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)				
<i>Three items meet USDA Requirements (One item must be fruit)</i>					
<i>Chef's Choice May be Offered Daily</i>					

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

Menu Info		Name : January 2022 Lunch Menu			Options Provided : Hot, Hot Vegetarian Meals		
		Age Group : K-8		Meal : Lunch		Meal Pattern : NSLP / SSO	
		Monday, January 3, 2022	Tuesday, January 4, 2022	Wednesday, January 5, 2022	Thursday, January 6, 2022	Friday, January 7, 2022	
Hot Meal		Crispy Louisiana Chicken Bun	All Beef Hot Dog	Chicken Biryani w/Yogurt Sauce	Burrito Bowl	Fresh Baked Big Daddy's Pizza	
		WG Bun, Pickle Rounds	WG Bun, Ketchup & Mustard	Crisp Mixed Greens Salad & Dressing	Brown Rice topped w/Seasoned Beef	Sliced Cucumbers	
		w/CKC New Orleans Sauce	Cool Ranch Doritos	Crisp Varietal Apple	Shred Cheese, Lettuce & CKC Youza Sauce	Fresh Citrus Fruit	
		Corntastic Salad, Carrot Slims & Sun Chips	Grape Tomatoes	Choice Milk	Chilled Black Beans	Choice Milk	
Hot Veg		Fruited Applesauce & Choice Milk	Banana & Choice Milk		Chilled Grapes & Choice Milk		
		Louisiana Veggie Burger	Grilled Cheese Sandwich	Twisted Cheese Breadsticks	Cheese Quesadilla	Fresh Hot Cheese Pizza	
		Monday, January 10, 2022	Tuesday, January 11, 2022	Wednesday, January 12, 2022	Thursday, January 13, 2022	Friday, January 14, 2022	
Hot Meal		Golden Corn Dog w/ Ketchup	Yahya! Boneless Chicken Wings	Meatball Sub w/Mozzarella	Brunch Lunch	Fresh Baked Big Daddy's Pizza	
		Goldfish Pretzels	Honey Mustard	Ranchero Corn Salad	Buttermilk Pancakes & Syrup	Baby Carrots	
		CKC Baked Beans	Mild Buffalo Dressed Crisp Broccoli	Mixed Berry Animal Crackers	Fruited Yogurt Cup	Fresh Citrus Fruit	
		Fruited Applesauce	Bug Bites Grahams	Chilled Grapes	Crisp Salad & Dressing	Choice Milk	
	Choice Milk	Banana & Choice Milk	Choice Milk	Tropical Fruit Mix & Choice Milk			
Hot Veg		BBQ Garden Burger	Creamy Mac & Cheese	Veggie Lasagna Roll	Buttermilk Pancakes & Syrup w/Fruited Yogurt Cup	Fresh Hot Cheese Pizza	
		Monday, January 17, 2022	Tuesday, January 18, 2022	Wednesday, January 19, 2022	Thursday, January 20, 2022	Friday, January 21, 2022	
Hot Meal		No School -- MLK Day	Good Ole Fashioned Hamburger	Mandarin Orange Chicken	Cheesy Lasagna Roll	Fresh Baked Big Daddy's Pizza	
			w/ Pickle Rounds & Ketchup	Steamed Brown Rice	Mixed Spinach Salad & Dressing	Corneriffica Salad	
			Fresh Baby Carrots	Celery & Ranch	Tropical Fruit Mix	Crisp Varietal Apple	
			WG Cool Ranch Doritos	Chilled Grapes	Elf Grahams	Choice Milk	
		Banana & Choice Milk	Choice Milk	Choice Milk			
Hot Veg			Veggie Burger	Egg Fried Rice	Veggie Lasagna Roll	Fresh Hot Cheese Pizza	
		Monday, January 24, 2022	Tuesday, January 25, 2022	Wednesday, January 26, 2022	Thursday, January 27, 2022	Friday, January 28, 2022	
Hot Meal		Chicken Tender Dunkers w/Ranch	Tender Salisbury Steak & Gravy	Stir Fry Chicken Bowl	Brunch Lunch	Fresh Baked Big Daddy's Pizza	
		Goldfish Pretzels	WG Dinner Roll	Stir Fry Chicken on Top of Rice	French Toast Sticks	Baby Carrots	
		Baked Beans & Fresh Carrots	Mashed Potatoes	Crisp Romaine Salad & Dressing	Syrup	Tropical Fruit Mix	
		Fruited Applesauce	Banana	Crisp Varietal Apple & Fortune Cookie	Sliced Cucumbers	Choice Milk	
	Choice Milk	Choice Milk	Choice Milk	Chilled Grapes & Choice Milk			
Hot Veg		Pizza Crunchers & Italian Dip	Swedish Veggie Patty w/ WG Roll	Cheese Bosco Sticks w/ Marinara Sauce	French Toast Sticks & Syrup	Fresh Hot Cheese Pizza	
		Monday, January 31, 2022					
Hot Meal		Mozzarella Burger					
		WG Bakery Bun & Ketchup					
		Sun Chips					
	CKC Baked Beans						
	Fruited Applesauce & Choice Milk						
Hot Veg		Mozzarella Veggie Burger					

Hot Veg meals are served with vegetables and fruit of the day