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| Menu Info                                 |   | Name : February 2022 K-8 Breakfast                    |   |  |   |  |  |
|---|---|---|---|--|---|--|--|
|   |   | Age Group : K-8                                       |   | Meal : Breakfast                             |   | Meal Pattern : NSLP / SSO                                  |  |
|   |   | Tuesday, February 1, 2022                             | Wednesday, February 2, 2022                   | Thursday, February 3, 2022                   | Friday, February 4, 2022                              |  |  |
| Breakfast                                 | Three items meet USDA Requirements (One item must be fruit) | <b>Honey Bun (2 items)</b>                            | <b>Big Bowl Cocoa Puffs (2 items)</b>         | <b>3 oz Breakfast Brekkie (2 items)</b>      | <b>Assorted Bowl Cereal (1 item)</b>                  |  |  |
|   |   | 100% 4.23 oz Fruit Juice (1 item)                     | 100% 4.23 oz Fruit Juice (1 item)             | 100% 4.23 oz Fruit Juice (1 item)            | Pop Tart (1 item)                                     |  |  |
|   |   | Choice Milk & Second Fruit OVS (1 item each)          | Choice Milk & Second Fruit OVS (1 item each)  | Choice Milk & Second Fruit OVS (1 item each) | Choice Milk & Second Fruit OVS (1 item each)          |  |  |
| <i>Chef's Choice May be Offered Daily</i> |   |   |   |  |   |  |  |
|   |   | Monday, February 7, 2022                              | Tuesday, February 8, 2022                     | Wednesday, February 9, 2022                  | Thursday, February 10, 2022                           | Friday, February 11, 2022                                  |  |
| Breakfast                                 | Three items meet USDA Requirements (One item must be fruit) | <b>Big Bowl Cinnamon Toast Crunch (2 items)</b>       | <b>Chocolate Donut (2 items)</b>              | <b>Large Breakfast Bread (2 items)</b>       | <b>Big Bowl Cocoa Puffs (2 items)</b>                 | <b>Strawberry Soft Filled Oatmeal Cereal Bar (2 items)</b> |  |
|   |   | 100% 4.23 oz Fruit Juice (1 item)                     | 100% 4.23 oz Fruit Juice (1 item)             | 100% 4.23 oz Fruit Juice (1 item)            | 100% 4.23 oz Fruit Juice (1 item)                     | 100% 4.23 oz Fruit Juice (1 item)                          |  |
|   |   | Choice Milk & Second Fruit OVS (1 item each)          | Choice Milk & Second Fruit OVS (1 item each)  | Choice Milk & Second Fruit OVS (1 item each) | Choice Milk & Second Fruit OVS (1 item each)          | Choice Milk & Second Fruit OVS (1 item each)               |  |
| <i>Chef's Choice May be Offered Daily</i> |   |   |   |  |   |  |  |
|   |   | Monday, February 14, 2022                             | Tuesday, February 15, 2022                    | Wednesday, February 16, 2022                 | Thursday, February 17, 2022                           | Friday, February 18, 2022                                  |  |
| Breakfast                                 | Three items meet USDA Requirements (One item must be fruit) | <b>Handmade Strawberry Boli (2 items)</b>             | <b>Big Bowl Blueberry Rice Chex (2 items)</b> | <b>Fruit Frudel (2 items)</b>                | <b>Apple Soft Filled Oatmeal Cereal Bar (2 items)</b> | <b>No School</b>   |  |
|   |   | 100% 4.23 oz Fruit Juice (1 item)                     | 100% 4.23 oz Fruit Juice (1 item)             | 100% 4.23 oz Fruit Juice (1 item)            | 100% 4.23 oz Fruit Juice (1 item)                     |  |  |
|   |   | Choice Milk & Second Fruit OVS (1 item each)          | Choice Milk & Second Fruit OVS (1 item each)  | Choice Milk & Second Fruit OVS (1 item each) | Choice Milk & Second Fruit OVS (1 item each)          |  |  |
| <i>Chef's Choice May be Offered Daily</i> |   |   |   |  |   |  |  |
|   |   | Monday, February 21, 2022                             | Tuesday, February 22, 2022                    | Wednesday, February 23, 2022                 | Thursday, February 24, 2022                           | Friday, February 25, 2022                                  |  |
| Breakfast                                 | Three items meet USDA Requirements (One item must be fruit) | <b>No School</b>                                      | <b>Apple Filled Donut (2 items)</b>           | <b>Chocolate Chip Muffin (2 items)</b>       | <b>WG Glazed Honey Bun (2 items)</b>                  | <b>Big Bowl Cinnamon Toast Crunch (2 items)</b>            |  |
|   |   |   | 100% 4.23 oz Fruit Juice (1 item)             | 100% 4.23 oz Fruit Juice (1 item)            | 100% 4.23 oz Fruit Juice (1 item)                     | 100% 4.23 oz Fruit Juice (1 item)                          |  |
|   |   |   | Choice Milk & Second Fruit OVS (1 item each)  | Choice Milk & Second Fruit OVS (1 item each) | Choice Milk & Second Fruit OVS (1 item each)          | Choice Milk & Second Fruit OVS (1 item each)               |  |
| <i>Chef's Choice May be Offered Daily</i> |   |   |   |  |   |  |  |
|   |   | Monday, February 28, 2022                             |   |  |   |  |  |
| Breakfast                                 | Three items meet USDA Requirements (One item must be fruit) | <b>Apple Soft Filled Oatmeal Cereal Bar (2 items)</b> |   |  |   |  |  |
|   |   | 100% 4.23 oz Fruit Juice (1 item)                     |   |  |   |  |  |
|   |   | Choice Milk & Second Fruit OVS (1 item each)          |   |  |   |  |  |
| <i>Chef's Choice May be Offered Daily</i> |   |   |   |  |   |  |  |

\*Skim and 1% milk choices offered daily.

\*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

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| Menu Info |  | Name : February 2022 K-8 Lunch Menu   |   |   | Options Provided : Hot, Hot Vegetarian Meals  |   |
|-----------|--|---|---|---|---|---|
|           |  | Age Group : K-8   |   |   | Meal : Lunch  |   |
|           |  | Meal Pattern : SSO  |   |   |   |   |
|           |  | Tuesday, February 1, 2022   | Wednesday, February 2, 2022   | Thursday, February 3, 2022  | Friday, February 4, 2022  |   |
| Hot Meal  |  | <b>Asian Sesame Chicken Wrap</b><br>WG Tortilla, Chicken Bites<br>Asian Slaw Mix<br>Baby Carrots & Fortune Cookie<br>Banana & Choice Milk   | <b>Creamy Mac &amp; Cheese</b><br>Fresh Broccoli & Dip<br>Tropical Fruit Mix<br>Vanilla Wafers<br>Choice Milk   | <b>Chicken &amp; Waffle</b><br>Chicken Tenders<br>WG Waffle w/Syrup<br>Fresh Sliced Cucumbers<br>Chilled Grapes & Choice Milk           | <b>Fresh Baked Big Daddy's Pizza</b><br>Jicama Sticks w/Dip<br>Crisp Varietal Apple<br>Choice Milk  |   |
| Hot Veg   |  | Twisted Cheese Breadsticks  | Creamy Mac & Cheese   | Waffles w/Syrup & Fruited Yogurt Cup  | Fresh Hot Cheese Pizza  |   |
|           |  | Monday, February 7, 2022  | Tuesday, February 8, 2022   | Wednesday, February 9, 2022   | Thursday, February 10, 2022   | Friday, February 11, 2022   |
| Hot Meal  |  | <b>Premium Chicken Nuggets</b><br>Ketchup<br>Veggie Crisps & Baby Carrots<br>Fruited Applesauce<br>Choice Milk  | <b>Build Your Own Cheesy Nachos</b><br>Warm Cheddar Cheese Sauce,<br>Seasoned Beef w/ Tortilla Chips, Sour<br>Cream & Cilantro<br>Mixed Salad Greens w/Dressing<br>Banana, Honey Grahams & Choice<br>Milk | <b>Classic Hamburger</b><br>Fresh Bakery Bun, Ketchup & Pickles<br>Creamy Coleslaw<br>Chilled Grapes & Goldfish Pretzels<br>Choice Milk | <b>Chicken Enchilada Rice Bowl</b><br>Brown Rice w/ Seasoned Chicken<br>Shred Cheese, Lettuce & CKC Boom<br>Sauce<br>Seasoned Black Beans<br>Tropical Fruit Mix & Choice Milk | <b>Fresh Baked Big Daddy's Pizza</b><br>Corntastic Salad<br>Crisp Varietal Apple<br>Choice Milk |
| Hot Veg   |  | Pizza Crunchers & Italian Dip   | Veggie TexMex Wrap  | Garden Cheeseburger   | Cheese Quesadilla   | Fresh Hot Cheese Pizza  |
|           |  | Monday, February 14, 2022   | Tuesday, February 15, 2022  | Wednesday, February 16, 2022  | Thursday, February 17, 2022   | Friday, February 18, 2022   |
| Hot Meal  |  | <b>Crispy Louisiana Chicken Sandwich</b><br>WG Bun, Pickle Rounds<br>w/ CKC New Orleans Sauce<br>Corntastic Salad, Carrot Slims<br>& Sun Chips<br>Fruited Applesauce & Choice Milk  | <b>All Beef Hot Dog</b><br>WG Bun, Ketchup & Mustard<br>Cool Ranch Doritos<br>Grape Tomatoes<br>Banana & Choice Milk  | <b>Chicken Biryani w/Yogurt Sauce</b><br>Crisp Mixed Greens Salad & Dressing<br>Crisp Varietal Apple<br>Choice Milk                     | <b>Burrito Bowl</b><br>Brown Rice topped w/Seasoned Beef<br>Shred Cheese, Lettuce & CKC Youza<br>Sauce<br>Chilled Black Beans<br>Chilled Grapes & Choice Milk                 | <b>No School</b>  |
| Hot Veg   |  | Louisiana Veggie Burger   | Grilled Cheese Sandwich   | Twisted Cheese Breadsticks  | Cheese Quesadilla   |   |
|           |  | Monday, February 21, 2022   | Tuesday, February 22, 2022  | Wednesday, February 23, 2022  | Thursday, February 24, 2022   | Friday, February 25, 2022   |
| Hot Meal  |  | <b>No School</b>  | <b>Yahya! Boneless Chicken Wings</b><br>Honey Mustard<br>Mild Buffalo Dressed Crisp Broccoli<br>Crispy Mini Wafers<br>Banana & Choice Milk  | <b>Meatball Sub w/Mozzarella</b><br>Ranchero Corn Salad<br>Mixed Berry Animal Crackers<br>Chilled Grapes<br>Choice Milk                 | <b>Brunch Lunch</b><br>Buttermilk Pancakes & Syrup<br>Fruited Yogurt Cup<br>Crisp Salad & Dressing<br>Tropical Fruit Mix & Choice Milk  | <b>Fresh Baked Big Daddy's Pizza</b><br>Baby Carrots<br>Fresh Citrus Fruit<br>Choice Milk       |
| Hot Veg   |  |   | Creamy Mac & Cheese   | Veggie Lasagna Roll   | Buttermilk Pancakes & Syrup w/Fruited Yogurt Cup  | Fresh Hot Cheese Pizza  |
|           |  | Monday, February 28, 2022   |   |   |   |   |
| Hot Meal  |  | <b>Youza Chicken Bites Wrap</b><br>WG Tortilla & Chicken Bites<br>w/ Shred Chz, Lettuce, Chopped<br>Cilantro & CKC Youza Sauce<br>Nacho Chz Doritos w/ Creamy Refried<br>Bean Salsa Dip<br>Fruited Applesauce & Choice Milk |   |   |   |   |
| Hot Veg   |  | Bean & Cheese Burrito   |   |   |   |   |

Hot Veg meals are served with vegetables and fruit of the day

\*Skim and 1% milk choices offered daily.

\*All Bread/Chips/Tortillas listed in the menu are whole-grain products.