

Name : November 2022 Oakhill Montessori Childcare Lunch Menu		Options Provided : Hot, Hot Vegetarian Meals			
Age Group : Childcare (Ages 2-5)		Meal : Lunch		Meal Pattern : CACFP	
Week II		Tuesday, November 1, 2022	Wednesday, November 2, 2022	Thursday, November 3, 2022	Friday, November 4, 2022
Hot Meal		Soft Shell Chicken Taco WG Tortilla, Seasoned Chicken & Cheese Steamed Mixed Veggies Chilled Peaches Milk	Meatball Sub w/Mozzarella Sliced Cucumbers & Dip Banana Milk	<h1>No School (Conferences)</h1>	
Hot Veg Meal		Creamy Mac & Cheese Steamed Mixed Veggies Chilled Peaches & Milk	Veggie Lasagna Roll Sliced Cucumbers & Dip Banana & Milk		
Week III	Monday, November 7, 2022	Tuesday, November 8, 2022	Wednesday, November 9, 2022	Thursday, November 10, 2022	Friday, November 11, 2022
Hot Meal	Premium Chicken Nuggets Ketchup Steamed Green Beans Diced Chilled Pears Milk	Mandarin Orange Chicken Steamed Brown Rice Crisp Broccoli w/ Dip Chilled Peaches Milk	Good Ole Fashioned Hamburger Ketchup Steamed Mixed Veggies Banana Milk	Cheesy Meatballs WG Roll Steamed Peas Chilled Mandarin Oranges Milk	Fresh Baked Pizza Fresh Green Salad & Dressing Fruited Applesauce Milk
Hot Veg Meal	Cheese Hot Pocket w/ Italian Dip Steamed Green Beans Diced Chilled Pears & Milk	Bean & Cheese Burrito Crisp Broccoli w/ Dip Chilled Peaches & Milk	Grilled Cheese Sandwich Steamed Mixed Veggies Banana & Milk	Pizza Crunchers w/ Italian Dip Steamed Peas Chilled Mandarin Oranges & Milk	Fresh Baked Pizza Fresh Green Salad & Dressing Fruited Applesauce & Milk
Week IV	Monday, November 14, 2022	Tuesday, November 15, 2022	Wednesday, November 16, 2022	Thursday, November 17, 2022	Friday, November 18, 2022
Hot Meal	Old Fashioned Sloppy Joe Whole Grain Bun Steamed Mixed Veggies Diced Chilled Pears Milk	Breaded Chicken Patty Sandwich Bakery Bun & Ketchup Steamed Green Beans Chilled Peaches Milk	Italian Dunkers Dippin' Sauce Sliced Cucumbers & Ranch Banana Milk	Brunch Lunch Scrambled Eggs & Cheese Corn Muffin, Tator Tots & Ketchup Chilled Mandarin Oranges Milk	Fresh Baked Pizza Crisp Salad & Dressing Fruited Applesauce Milk
Hot Veg Meal	Garden Cheeseburger Steamed Mixed Veggies Diced Chilled Pears & Milk	Cheese Quesadilla Steamed Green Beans Chilled Peaches & Milk	Italian Dunkers w/Dippin Sauce Sliced Cucumbers & Ranch Banana & Milk	French Toast Sticks & Syrup Tator Tots & Ketchup Chilled Mandarin Oranges & Milk	Fresh Baked Pizza Crisp Salad & Dressing Fruited Applesauce & Milk
Week V	Monday, November 21, 2022	Tuesday, November 22, 2022	Wednesday, November 23, 2022	Thursday, November 24, 2022	Friday, November 25, 2022
Hot Meal	Mozzarella Burger Fresh Bakery Bun & Ketchup CKC Baked Beans Diced Chilled Pears Milk	Pomodoro Meatballs WG Dinner Roll Mashed Potatoes Chilled Peaches Milk		<h1>No School (Thanksgiving Break)</h1>	
Hot Veg Meal	Mozzarella Veggie Burger CKC Baked Beans Diced Chilled Pears & Milk	Veggie Lasagna Roll Mashed Potatoes Chilled Peaches & Milk			
Week VI	Monday, November 28, 2022	Tuesday, November 29, 2022	Wednesday, November 30, 2022	Chef Spotlight - Jason Wilson, Field Kitchen Supervisor, CKC Good Food	
Hot Meal	Swedish Meatballs Soft Dinner Roll Steamed Green Beans Diced Chilled Pears Milk	Cheesy Lasagna Roll Steamed Sweet Peas Chilled Peaches Milk	Sheet Pan Curry Chicken Bakery Roll Creamy Mashed Potatoes Banana Milk	Connecting to Roots through Food The 'Shoofly Pie' recipe is a favorite in my family. We have longstanding roots in Pennsylvania and this dish is often associated with the Pennsylvania Dutch Amish and Mennonite Communities. There are two styles to this treat: 'Dry' which has a cake-like texture, and 'wet', which has a custard-like bottom. My family always preferred the dry method but as I've learned to make it myself, I prefer the 'wet' pie. It's great for breakfast or dessert and is self-stable on the countertop for 5 days (while keeping covered.) - Jason	
Hot Veg Meal	Pizza Crunchers & Italian Dip Steamed Green Beans Diced Chilled Pears & Milk	Veggie Lasagna Steamed Sweet Peas Chilled Peaches & Milk	Veggie Nuggets w/ Ketchup & Dinner Roll Creamy Mashed Potatoes Banana & Milk		
				Jason's 'Shoofly Pie Recipe' is on Page 2	

* Skim and 1% milk choices offered daily.
* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.