

Name : March 2023 K-8 Cold Breakfast w/ Cereal				
Age Group : K-8		Meal : Breakfast		Meal Pattern : NSLP

		Wednesday, March 1, 2023	Thursday, March 2, 2023	Friday, March 3, 2023
Breakfast		Mini Cinnamon Rolls (2 items)		
	Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	No school	No school

		Monday, March 6, 2023	Tuesday, March 7, 2023	Wednesday, March 8, 2023	Thursday, March 9, 2023	Friday, March 10, 2023
Celebrate National School Breakfast Week						
Breakfast		"New" Big Bowl Trix Cereal (2 Items)	"New" 4 Pack Mini Breakfast Bites (2 items)	"New" Whole Grain Chocolate Donut (2 items)	"New" Sliced Plain Bagel & Cream Cheese (2 items)	"New" Orange Dream Muffin (2 items)
	Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)
Chef's Choice may be offered						

		Monday, March 13, 2023	Tuesday, March 14, 2023	Wednesday, March 15, 2023	Thursday, March 16, 2023	Friday, March 17, 2023
Breakfast		No school	No school	No school	No school	No school
	Three items meet USDA Requirements (One item must be fruit)					
Chef's Choice may be offered						

		Monday, March 20, 2023	Tuesday, March 21, 2023	Wednesday, March 22, 2023	Thursday, March 23, 2023	Friday, March 24, 2023
Breakfast		Assorted Big Bowl Cereal (2 Items)	"New" Whole Grain Chocolate Glazed Donut (2 items)	Honey Bun (2 items)	"New" Mini Breakfast Bites (2 items)	2 Breakfast Brekki's (2 items)
	Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)
Chef's Choice may be offered						

		Monday, March 27, 2023	Tuesday, March 28, 2023	Wednesday, March 29, 2023	Thursday, March 30, 2023	Friday, March 31, 2023
Breakfast		Assorted Big Bowl Cereal (2 items)	Chocolate Chip Muffin (2 items)	Maple Waffle Snaps (2 items)	WG Cinnamon Roll (2 items)	"New" Whole Grain Chocolate Donut (2 items)
	Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit OVS (1 item each)
Chef's Choice may be offered						

* Skim and 1% milk choices offered daily.
* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

Name : March 2023 Oak Hill Montessori K-8 Grades Lunch Menu		Options Provided : Hot, Hot Vegetarian & Deli Salads				
Age Group : K-8 Grades		Meal : Lunch		Meal Pattern : NSLP		
		Wednesday, March 1, 2023	Thursday, March 2, 2023	Friday, March 3, 2023		
Hot Meal		Burrito Bowl Brown Rice topped w/Seasoned Beef Shred Chz, Southwest Slaw Banana Choice Milk	No school	No school		
Hot Veg		Quesadilla				
		Monday, March 6, 2023	Tuesday, March 7, 2023	Wednesday, March 8, 2023	Thursday, March 9, 2023	Friday, March 10, 2023
Hot Meal	BBQ Beef Sandwich Sunchips CKC Baked Beans Cinnamon Apple Slices Choice Milk	Golden Corn Dog w/ Ketchup Steamed Seasoned Corn Chilled Pears Choice Milk	Meatball Sub w/Mozzarella Veggie Crisps Fresh Greens Salad & Dressing Banana Choice Milk	Brunch Lunch Double Buttermilk Pancakes Homemade Berry Burst Syrup Fruity Yogurt Cup Sliced Cucumbers, Fresh Orange, Choice Milk	Fresh Baked Pizza Baby Carrots & Dip Crisp Apple Choice Milk	
Hot Veg	BBQ Garden Burger	Grilled Cheese Sandwich	Buttermilk Pancakes & Syrup w/Scrambled Eggs	Egg Fried Rice & Cinnamon Grahams	Fresh Baked Cheese Pizza	
		Monday, March 13, 2023	Tuesday, March 14, 2023	Wednesday, March 15, 2023	Thursday, March 16, 2023	Friday, March 17, 2023
Hot Meal	No school	No school	No school	No school	No school	No school
Hot Veg						
		Monday, March 20, 2023	Tuesday, March 21, 2023	Wednesday, March 22, 2023	Thursday, March 23, 2023	Friday, March 24, 2023
Hot Meal	Mongolian Meatballs Steamed Rice Corn Salad Cinnamon Apple Slices Choice Milk	Breaded Chicken Patty Sandwich Bakery Bun & Ketchup Baby Carrots & Dip Chilled Pears Choice Milk	Greek Nachos ****(Student Favorite)**** Seasoned Meat, Corn Tortilla Chips Tatziki Sauce Bean Salsa Banana & Choice Milk	Brunch Lunch French Toast Sticks w/ Syrup Fresh Greens Salad & Dressing Fresh Orange Choice Milk	Fresh Baked Pizza Steamed Green Beans Crisp Apple Choice Milk	
Hot Veg	Garden Cheeseburger	Cheese Quesadilla	Warm Cheesy Nachos	French Toast Sticks & Syrup	Fresh Baked Cheese Pizza	
		Monday, March 27, 2023	Tuesday, March 28, 2023	Wednesday, March 29, 2023	Thursday, March 30, 2023	Friday, March 31, 2023
Hot Meal	Mozzarella Burger WG Bakery Bun & Ketchup Cool Ranch Doritos Seasoned Black Beans Cinnamon Apple Slices & Choice Milk	Pomodoro Meatballs WG Dinner Rolls Mashed Potatoes Chilled Pears Choice Milk	Creamy Mac & Cheese Mixed Greens Salad & Dressing Banana Vanilla Wafers Choice Milk	Sesame Chicken Steamed Seasoned Rice Sliced Cucumbers Fresh Orange Fortune Cookie & Choice Milk	Fresh Baked Pizza Baby Carrots & Dip Crisp Apple Choice Milk	
Hot Veg	Mozzarella Veggie Burger	Veggie Nuggets w/ Ketchup & Dinner Roll	Cheese Hot Pocket w/ Italian Dip	Egg Fried Rice	Fresh Baked Cheese Pizza	
Deli Salads <small>(Vegetarian choices come with eggs in the place of chicken)</small>	Grilled Chicken Caesar Salad Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing	Grilled Chicken Asian Salad Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Roll added to complete the WG requirement	Grilled Chicken SW Taco Salad Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	Grilled Chicken Bistro Salad Bistros are simple, casual and informal restaurants. Bistro salads carry that essence, with simple but hearty Romaine and Spinach salad, along with Chicken Breast & WG Roll.	Grilled Chicken Power Green Salad Powerful greens like Kale and Spinach raise the bar on this super green salad, with craisins bedazzling the look. Chicken Breast takes protein part, with WG roll for grains.	

*** Hot Veg meals are served with vegetables, fruit of the day & milk.
 *** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)

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 * All Rice/Rice Products listed in the menu are Whole-grain brown rice products.