

Name : April 2023 K-8 Bagged Breakfast w/ Cereal		
Age Group : K-8	Meal : Breakfast	Meal Pattern : NSLP

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	Monday, April 3, 2023	Tuesday, April 4, 2023	Wednesday, April 5, 2023	Thursday, April 6, 2023	Friday, April 7, 2023
Breakfast	Assorted Big Bowl Cereal (2 items)	Orange Dream Muffin (2 items)	Cinnamon Crumb Loaf (2 items)	Sliced Plain Bagel & Cream Cheese (2 items)	
Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	
Chef's Choice may be offered					

	Monday, April 10, 2023	Tuesday, April 11, 2023	Wednesday, April 12, 2023	Thursday, April 13, 2023	Friday, April 14, 2023
Breakfast	Assorted Big Bowl Cereal (2 items)	Whole Grain Apple Donut (2 Items)	Mini Cinnamon Rolls (2 items)	Glazed Honey Bun (2 items)	Assorted Single Bowl Cereal (1 item) Blueberry Cake Donut (1 Item)
Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)
Chef's Choice may be offered					

	Monday, April 17, 2023	Tuesday, April 18, 2023	Wednesday, April 19, 2023	Thursday, April 20, 2023	Friday, April 21, 2023
Breakfast	Big Bowl Trix Cereal (2 Items)	4 Pack Mini Breakfast Bites (2 items)	Whole Grain Chocolate Donut (2 items)	Sliced Plain Bagel & Cream Cheese (2 items)	
Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	No School
	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	
Chef's Choice may be offered					

	Monday, April 24, 2023	Tuesday, April 25, 2023	Wednesday, April 26, 2023	Thursday, April 27, 2023	Friday, April 28, 2023
Breakfast	Big Bowl Trix Cereal (2 Items)	Orange Dream Muffin (2 items)	Apple Frudel (2 items)	Cinnamon Crumb Loaf (2 items)	Maple Waffle Snaps (2 items)
Three items meet USDA Requirements (One item must be fruit)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)
Chef's Choice may be offered					

* Skim and 1% milk choices offered daily.

* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.

* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

Name : April 2023 Oak Hill Montessori K-8 Grades Lunch Menu		Options Provided : Hot, Hot Vegetarian & Deli Salads	
Age Group : K-8	Meal : Lunch	Meal Pattern : NSLP	

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	Monday, April 3, 2023	Tuesday, April 4, 2023	Wednesday, April 5, 2023	Thursday, April 6, 2023	Friday, April 7, 2023
	Brunch Lunch	Roasted Curry Chicken Drumstick	Cheeseburger	Fresh Baked Pizza	
Hot Meal	Buttermilk Pancakes Homemade Berry Burst Syrup Scrambled Eggs w/ Cheese Fresh Broccoli, Cinnamon Apple Slices & Choice Milk	WG Roll Steamed Seasoned Corn Chilled Pears Choice Milk	Fresh Bakery Bun & Ketchup Baby Carrots & Dip Banana Choice Milk	Mixed Salad & Dressing Crisp Apple Choice Milk	No School
Hot Veg	Pizza Crunchers & Italian Dip	Creamy Mac & Cheese	Garden Cheeseburger	Fresh Baked Cheese Pizza	

	Monday, April 10, 2023	Tuesday, April 11, 2023	Wednesday, April 12, 2023	Thursday, April 13, 2023	Friday, April 14, 2023
	Creamy Mac & Cheese	All Beef Hot Dog	Crunchy Chicken Tender Wrap	Meatballs w/Mozzarella	Fresh Baked Pizza
Hot Meal	Soft Dinner Roll Steamed Mixed Veggies Cinnamon Apple Slices Choice Milk	WG Bun, Ketchup & Mustard Cheese Crisps CKC Baked Beans Chilled Pears & Choice Milk	WG Tortilla, Chicken Tenders Shred Cheese, Boom Sauce & Lettuce Steamed Seasoned Corn Banana & Choice Milk	Vanilla Wafers Baby Carrots & Dip Fresh Orange Choice Milk	Fresh Broccoli & Dip Crisp Apple Choice Milk
Hot Veg	Stuffed Breadsticks w/ Sauce	Grilled Cheese Sandwich	Quesadilla	Smothered Veg Patty & WG Roll	Fresh Baked Cheese Pizza

	Monday, April 17, 2023	Tuesday, April 18, 2023	Wednesday, April 19, 2023	Thursday, April 20, 2023	Friday, April 21, 2023
	BBQ Beef Sandwich	Golden Corn Dog w/ Ketchup	Burrito Bowl	Fresh Baked Pizza	
Hot Meal	Sunchips CKC Baked Beans Cinnamon Apple Slices Choice Milk	Crinkle Fries & Ketchup Chilled Pears Choice Milk	Brown Rice topped w/Seasoned Beef Shred Chz, Youza Sauce, Lettuce Romaine Salad & Dressing Banana & Choice Milk	Mixed Salad & Dressing Crisp Apple Choice Milk	No school
Hot Veg	BBQ Garden Burger	Grilled Cheese Sandwich	Buttermilk Pancakes & Syrup w/Scrambled Eggs	Fresh Baked Cheese Pizza	

	Monday, April 24, 2023	Tuesday, April 25, 2023	Wednesday, April 26, 2023	Thursday, April 27, 2023	Friday, April 28, 2023
	Premium Chicken Nuggets	Mandarin Orange Chicken	Good Ole Fashioned Hamburger	Beef Pretzel Dog	Fresh Baked Pizza
Hot Meal	Ketchup Seasoned Black Beans Cheddar Cheese Crackers Cinnamon Apple Slices & Choice Milk	Steamed Brown Rice Fresh Broccoli & Ranch Chilled Pears Fortune Cookie & Choice Milk	WG Bun & Ketchup Steamed Seasoned Corn Mixed Berry Crackers Banana & Choice Milk	Mixed Salad & Dressing Fresh Orange Choice Milk	Baby Carrots & Dip Crisp Apple Choice Milk
Hot Veg	Cheese Hot Pocket w/ Italian Dip	Cheese Quesadilla	Grilled Cheese Sandwich	Mozzarella Pinwheel	Fresh Baked Cheese Pizza

	Grilled Chicken Caesar Salad	Grilled Chicken Asian Salad	Grilled Chicken SW Taco Salad	"New" Classic Chef Salad	"New" Quinoa Power Bowl Salad
Deli Salads (Vegetarian choices come with eggs & cheese in the place of meat)	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains	Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement	Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part.	Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn, Egg and Spinach.

*** Hot Veg meals are served with vegetables, fruit of the day & milk.
*** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)

* Skim and 1% milk choices offered daily.
* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.