All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This institution is an equal opportunity provider

651-453-1136

www.ckcgoodfood.com

Follow us on

Level / Age Group : K-8 Grades		January 2004	Meal Pattern : NSLP	Meal: Breakfast
		January - 2024		
Monday, January 1, 2024 Big Bowl Trix Cereal	Tuesday, January 2, 2024 WG Chocolate Chip Muffin	Wednesday, January 3, 2024	Thursday, January 4, 2024 Banana Breakfast Bread	Friday, January 5, 2024 'Warm & Hearty' French Toas
(2 Items)	(2 items)	Apple Frudel (2 items)	(2 items)	Stick Pack (2 Items)
100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
(I item each)	(1 item each)	Chef's Choice may be offered	(I item each)	(I item each)
		-		
Monday, January 8, 2024 Assorted Big Bowl Cereal (2 Items)	Tuesday, January 9, 2024 Banana Muffin (2 items)	Wednesday, January 10, 2024 * Student Favorite* Low Sugar Whole Grain Apple Fritter Bun (2 items)	Thursday, January 11, 2024 Delicious Mini Pancake Bites (2 items)	Friday, January 12, 2024 Warm & Hearty' French Toas Stick Pack (2 Items)
100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit
(1 item each)	(1 item each)	(1 item each)	(1 item each)	(1 item each)
		Chef's Choice may be offered		
Monday, January 15, 2024	Tuesday, January 16, 2024	Wednesday, January 17, 2024	Thursday, January 18, 2024	Friday, January 19, 2024
Assorted Big Bowl Cereal (2 items)	Apple Cinnamon Muffin (2 items)	Delicious Mini Pancake Bites (2 items)	Low Sugar WG Cinnamon Roll (2 items)	Warm & Hearty' French Toas Stick Pack (2 Items)
100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
		Chef's Choice may be offered		
Monday, January 22, 2024	Tuesday, January 23, 2024	Wednesday, January 24, 2024	Thursday, January 25, 2024	Friday, January 26, 2024
Assorted Big Bowl Cereal	Whole Grain Chocolate Chip	Strawberry Hand Pie	Sliced Plain Bagel & Cream	'Warm & Hearty' French Toas
(2 items)	Muffin (2 items)	(2 items)	Cheese (2 items)	Stick Pack (2 Items)
100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
		Chef's Choice may be offered		
Monday, January 29, 2024 Assorted Big Bowl Cereal (2 items)	Tuesday, January 30, 2024 "New" Confetti Snackbread (2 Items)	Wednesday, January 31, 2024 WG Banana Chocolate Chip Oatmeal Breakfast Round (2 items)		
100% 4.22 oz Eniit bijos (4 itom)	100% / 22 or Fruit bidge / 4 items	100% 4.23 oz Enit Isiaa /4 itam)	Happy New Year!	
100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
	Chef's Choice may be offered			

All rice dishes /rice products are made of whole grain brown rice.